



*Pauline & Simon Currie-Whyte*

We believe that we are all One, and that we should all treat each other as we would expect to be treated ourselves. Our lifelong aim is to make a beneficial difference to the lives of all those whose paths we cross, and empower them to achieve their magnificent potential. We have been members of Humanity's Team since 2001.

Pauline is a Peace Minister of the Beloved Community, which is a global organisation of people working to expand peace within their communities and beyond by demonstrating that peace in their lives. She facilitates group meditation, and offers individual sessions for working with Angels, crystal chakra balancing, and energy clearing. We consciously practice the Law of Attraction, and encourage others to develop a more positive attitude to the abundance of life that is available for all.

We look forward to welcoming you to our home.

### **Solus Bed and Breakfast**

Solus, 26 Coopersknowe Crescent, GALASHIELS,  
Scottish Borders, TD1 2DS. Scotland, UK  
Tel: +44 (0)1896 668667  
[theedgescotland@btinternet.com](mailto:theedgescotland@btinternet.com)  
[www.theedgescotland.com](http://www.theedgescotland.com)



### **Directions**

**From Edinburgh:** Follow A7 to Galashiels. From Galashiels station, take B6374 to end of built up area (approximately 2 miles). Turn left towards Lauder. Proceed 0.2 miles and turn left into Coopersknowe Crescent. Turn first left, and Solus is setback from the road on the right.

**From A7 South/Selkirk:** Follow A7 to Galashiels. At Kingsknowe roundabout turn right to Melrose and BGH, A6091. At Tweedbank roundabout, 2nd exit to Melrose and BGH. At Melrose roundabout, 2nd exit to Melrose and Gattonside. Turn first left to Gattonside, B6374. Follow road across bridge and round to left for 0.8 miles from bridge. Turn right to Langshaw, Lauder for 0.2 miles. Turn left into Coopersknowe Crescent.

# Solus

Spiritual B & B

*More spa than sparse*



**01896 668667**



## *Be, and be nourished, nurtured and empowered*

### *A haven of peace*

Welcome to our home on the rural edge of Galashiels. We have really comfortable beds in quiet rooms. Our own travels inspired us to provide the level of comfort would expect of guest accommodation, so as well as a good night's sleep, we provide a great cooked breakfast consisting of local produce.



After your journey, we hope that you will soon relax once you've settled into your room, and joined us in the lounge for refreshments. As well as B & B, we also offer various meditation and spiritual development opportunities.

Guests are welcome to use the lounge as a quiet room. There is a selection of lovely books to browse, including places of interest in the Borders, and a collection of events information.

**No smoking. No pets.**



### *Accommodation*

Our largest room can be arranged as either a triple, or a superking double plus single. This room has an en suite shower room, walk-in wardrobe and lots of storage. Our other room has a double bed, built-in wardrobe and exclusive use of the adjacent bathroom. Both rooms have hot drinks tray, TV with DVD player, and hair dryer. Fluffy towels, bathrobes, and luxury toiletries enhance your in-room comfort.



### *Garden*

We have about half an acre of garden for you to wander about in at your leisure, including a produce garden and two ponds replete with water lilies. The most private side of the garden is South facing, and as one guest put it, "You have so many places in which to sit!" We're keen on the wildlife, so you'll notice a number of bird boxes, which are well occupied during nesting season. And just over the fence is the community woodland, in which we occasionally see deer grazing within feet of the garden.



### *Galashiels*

Galashiels is on the Southern Upland Way, and is central to the South East of Scotland, and gives you a 360 degree radius of great places to visit for days out. The area is renowned for great walks, castles, gardens, and of course, the Border abbeys. Edinburgh is just a train ride away if you wish to leave the car.

*We treat you like  
the gods and goddesses you are.*